In Hawaii, **more than half** of all adults providing unpaid care to loved ones with Alzheimer’s or another dementia have been doing so for at least two years.

**Forty percent** of Alzheimer’s and dementia caregivers provide 20 or more hours of care per week.

**Almost one-third** of dementia caregivers are in the “sandwich generation”—caring for both someone with dementia and a child or grandchild.